

MENU



Coastal Café | Bar | Terrace

HOW TO ORDER

When you're ready, please place your order and pay at the bar. You'll need your table number when you place your order.
Sit back and relax - we'll bring your order to your table with cutlery and condiments.

BREAKFAST

Coastal Café | Bar | Terrace

COOKED BREAKFAST

'The Fab 5'	6.95
Locally made sausage, back bacon, free-range 'double yolker' fried egg, hash brown and baked beans	
Palms Traditional Breakfast	10.95
Locally made sausage, 2 rashers of back bacon, free-range 'double yolker' fried egg, hash browns, grilled tomato, flat mushroom and baked beans	
Palms Full Breakfast Deal	14.95
A Palms Traditional Breakfast, large juice, toast, plus a mug of tea or coffee	
Vegetarian Breakfast V	7.95
Quorn sausage, hash brown, grilled tomato, flat mushroom and baked beans	
Childrens' Breakfast	4.95
Chipolata sausage, beans, hash brown and a free-range 'double yolker' fried egg <small>Suitable for vegetarians when sausage is replaced with Quorn sausage</small>	
Cereals	1.95
Frosties, Rice Krispies or Coco-Pops, served with chilled milk	

LIGHTER BREAKFAST

Freshly Baked Crusty Rolls	4.95
Choose from: Locally made chipolata sausages Back bacon rashers	
Add a free-range 'double yolker' fried egg for 1.00	
Greek-Style Yoghurt, Berries and Honey V	2.95
American-Style Pancakes	
Short stack (2) 4.95 Full stack (5) 6.95	
Warm and fluffy pancakes with your choice of: Honey V Fruit compote V Bacon & maple syrup	
'On Toast'	4.95
A slice of toasted bloomer bread with your choice of: Scrambled egg V Baked beans V VG	
Bloomer Bread Toast	1.95
With your choice of: jams V VG marmalade V VG Marmite V VG Nutella V	

DRINKS

COLD

Small 1.75 Large 2.95

- Orange juice V
- Apple juice V
- Cranberry juice V
- Milk V

HOT

Limited Time Offer

Only £1 when you order a breakfast:

- Mug of breakfast tea V
- Freshly brewed filter coffee V

Please turn over to see our speciality Lavazza coffee menu

V Suitable for vegetarians. VG Suitable for vegans. All prices are including VAT at the prevailing rate.

Allergies & Intolerances. If you have an allergy or intolerance, please let a member of our team know before ordering as not all ingredients are listed. While we make every effort to control cross-contamination, our ingredients are manufactured and our dishes prepared in an environment where allergens are present. Remember, fish is a natural product and whilst every care is taken in its preparation, we cannot guarantee no bones will be present.

KIDS' MENU

Served from 11:30am until 7:30pm

6.95

Price includes choice of drink and main meal

DRINKS CHOICES

Orange Fruit Shoot

Apple & Blackcurrant Fruit Shoot

Mineral Water

MAIN CHOICES

Fish Bites

Served with chips and a side of beans or peas

Battered Chicken Chunks

Served with chips and a side of beans or peas

Chipolata Sausage & Mash

Served with gravy and peas

Vegetarian Option - Quorn Sausage 

Pomodoro Pasta

Served with garlic bread

Cheeseburger

Served with chips and a side of beans or peas

Quorn Nuggets

Served with chips and a side of beans or peas

KIDS' DESSERTS

3.95

Chocolate Brownie

Served with ice cream

Strawberries and Ice Cream

Cookie Ice Cream Sandwich

Doughnut Sundae

KIDS' ICE CREAM

2.95

A scoop of vanilla ice cream,
Flake and choice of chocolate
or strawberry sauce

 Suitable for vegetarians.  Suitable for vegans. All prices are including VAT at the prevailing rate.

Allergies & Intolerances. If you have an allergy or intolerance, please let a member of our team know before ordering as not all ingredients are listed. While we make every effort to control cross-contamination, our ingredients are manufactured and our dishes prepared in an environment where allergens are present. Remember, fish is a natural product and whilst every care is taken in its preparation, we cannot guarantee no bones will be present.

STARTERS

Soup of the Day with Sourdough V 5.95

Prawn Cocktail 7.95

Whitebait 5.95

Grilled Halloumi 6.95

Served with Greek style yoghurt, honey, pomegranate seeds & fresh mint

Garlic Bread 2.95

Add cheese 1.00

Chicken Tenders 5.95

3 tender coated chicken strips served with BBQ sauce for dipping

TO SHARE

Dirty Chips Topped with Crispy Chicken 12.95

A mound of our chunky chips, drizzled with curry sauce and topped with chopped crispy battered chicken pieces

'Fish & Chip Shop' Style Platter 14.95

Freshly battered fish bites, battered jumbo sausage, curry sauce, 2 pickled onions, gherkins, bread & butter, and chips

'Combo' Sharing Platter 16.95

Locally made sausages (Pork & Apple and Spanish Style Chorizo), Chicken Tenders, and Garlic Bread, with thick cut chips, celery sticks, BBQ sauce, peri 'mayo', and ranch style dressing

LOCALLY SOURCED

Alan Rae has been supplying the finest quality meat and delicatessen products to the Hayling Island community through the generations for nearly 100 years. We're proud to support this fantastic local business and Master Butcher, Lee who supplies our delicious sausages, 'double yolker' free range eggs, and succulent ham - freshly carved from the bone, sliced and brought to our kitchen.

LUNCH

Served from 11:30am until 4pm

Soup & Sandwich V 7.95

Soup of the day with a 'half round' 3 cheese toastie

Baked Jacket Potatoes 5.95

Cheese V

Beans V 5.95

Cheese & Beans V 6.95

Tuna Mayo & Sweetcorn 7.95

Prawns Marie Rose 7.95

Coronation Chicken 7.95

The Hayling Palms Club Sandwich 12.95

A triple decker sandwich with chicken, bacon, baby gem, free-range egg, mayo and tomato with fries

Ham & Cheese Toasted Sandwich 9.95

Local butcher ham, Gruyère, mature Cheddar and Mozzarella cheese with fries

Freshly Made Sandwiches 6.95

All sandwiches are served on either white or brown bread, with a 'short side' of fries and a salad garnish

Choose from:

Ham & Tomato, Cheese & Pickle V

Tuna Mayo & Sweetcorn, Prawns Marie Rose

MAINS

Served from 11:30am until 9pm

Hand Battered Cod Served with chips and mushy peas	15.95	Quarterpound Beefburger Served in a brioche bun, with mayo, fried onions, coleslaw and chips Plant-based Vegetarian option available	12.95
Wholetail Whitby Scampi Served with chips and garden peas	12.95	Grilled Chicken Breast Burger Served in a brioche bun, with mayo, fried onions, coleslaw and chips	12.95
Locally Made Cumberland Sausages Served with mash and onion gravy	12.95	<p>Add to any burger: Monterey Jack cheese 1.00, or grilled bacon 2.00. Add a patty to make it a 'Halfpounder' 3.00</p>	
Steak & Ale Pie Served with mash, honey roasted carrots & greens and rich ale gravy Vegetarian Option - Cheese & Onion Pie V	15.95	Thai Red Vegetable Curry V Served with jasmine rice and crackers	11.95
Creamy Cajun Chicken Pasta Halloumi Option - Creamy Cajun Halloumi Pasta	12.95	Caesar Salad V Crisp leaves, house-made croutons, Italian hard cheese and classic dressing	9.95
Ham, Egg & Chips Local butcher ham served with a free-range 'double yolker' fried egg and chips	10.95	Greek Salad V Cucumber, red onion, tomatoes, Kalamata olives, fresh lemon & herb dressing and crumbled feta	9.95
Prawn Linguine With tomato, chilli, olive oil, lemon and Italian hard cheese	14.95	Chef's Layered Salad V Crisp mixed leaves, cucumber, tomato, red onion, grated carrot, sliced peppers, sweetcorn, chopped boiled egg, crispy onions and dressing	9.95
		<p>Add to any salad for 4.95: Chicken Tenders, Grilled Chicken or Grilled Halloumi</p>	

LOCALLY SOURCED

Founded nearby in Shoreham 25 years ago, **Adams Foodservice** is one of the South Coast's leading suppliers of quality fruit and veg - much locally grown. Harvested in as little as the previous 24 hours they provide us with the very best ingredients to work with across their foodservice range. We are delighted to support this great local business.

SIDES

Chips V 3.95	Garden Peas V 0.95	Coleslaw V 1.95	Honey Roasted Carrots V 3.95
Onion Rings V 4.95	Baked Beans V 0.95	Greens V 3.95	

DESSERTS

The Palms Knickerbocker Glory 	7.95
Our take on this traditional seaside dessert	
Warm Chocolate Brownie  	6.95
Served with local Northney vanilla ice cream	
House-Made Apple & Berry Crumble 	6.95
Served with custard or ice cream	
Baked Vanilla Cheesecake 	6.95
Served with fresh berries	
Hayling Mess 	6.95
Our local spin on this classic, using locally grown berries with baked meringue, Northney ice cream and whipped cream	
Local Northney Ice Cream Selection 	
	1 Scoop 3.95 2 Scoops 5.95 3 Scoops 6.95
Choose from vanilla, strawberry, salted caramel, chocolate, coffee, raspberry sorbet or bubblegum	
Lavazza Affogato 	4.95
A delicious scoop of Northney vanilla ice cream, topped with a freshly made double espresso	

LOCALLY
SOURCED

Founded in 2009 by farmer, Tim Pike, and his family, Northney Dairy's award-winning ice cream has one secret: happy cows = great tasting dairy products. It sounds more simple than it is, but the proof is in the tasting – delicious! We share Tim's passion and are proud to support this team of hardworking, dedicated specialists who've been farming just down the road on Hayling Island for generations.

Please see our Specialty Lavazza Coffee Menu which is also available

 Suitable for vegetarians.  Gluten free. All prices are including VAT at the prevailing rate.

LAVAZZA

SPECIALTY COFFEES

Espresso	Single 1.99	Double 2.99
	Primo (Regular)	Medio (Large)
Americano	2.99	3.49
Flat White	3.69	-
Caffè Latte	3.49	3.99
Cappuccino	3.49	3.99
Caffè Mocha	3.49	3.99
Hot Chocolate	3.69	4.19
Teas Various flavours	2.29	-

EXTRAS

Whipped cream	0.50
Marshmallows	0.50
Syrup shot	0.50
Sauce drizzle	0.50
Extra shot of coffee	0.50