



# OFF PEAK ACTIVITIES MORNING SESSIONS

		SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OFF PEAK ACTIVITIES TIMES	10.00am	<p><b>FIT &amp; FUN</b> Perfect for all fitness levels, easy-to-follow moves with a fun atmosphere - making it the ideal way to start your day.</p>	<p><b>SUNRISE STRETCH</b> Start your day the right way with a gentle and energizing session designed to wake up your body and mind. Perfect for all ages and abilities—come stretch, smile, and soak up the morning magic!</p>		<p><b>FIT &amp; FUN</b> Perfect for all fitness levels, easy-to-follow moves with a fun atmosphere - making it the ideal way to start your day.</p>	<p><b>SUNRISE STRETCH</b> Start your day the right way with a gentle and energizing session designed to wake up your body and mind. Perfect for all ages and abilities - come stretch, smile, and soak up the morning magic!</p>	<p><b>FIT &amp; FUN</b> Perfect for all fitness levels, easy-to-follow moves with a fun atmosphere - making it the ideal way to start your day.</p>	
	11.00am	<p><b>QUEST ADVENTURE</b> Explore &amp; search for hidden clues, solve riddles and complete fun challenges in a race against the clock.</p>	<p><b>TOTS TIME</b> A delightful play and learning session for little ones! Join us for interactive games, songs, and creative activities designed to spark curiosity and encourage social skills in a fun, supportive environment.</p>		<p><b>TOTS TIME</b> A delightful play and learning session for little ones! Join us for interactive games, songs, and creative activities designed to spark curiosity and encourage social skills in a fun, supportive environment.</p>	<p><b>IMAGINATION STATION</b> Dive into a world of creativity and find your artistic side at the Imagination Station, where your ideas come to life! Perfect for all ages to unleash their imagination and create unforgettable memories.</p>	<p><b>TOTS TIME</b> A delightful play and learning session for little ones! Join us for interactive games, songs, and creative activities designed to spark curiosity and encourage social skills in a fun, supportive environment.</p>	
	12.00am	<p><b>GLOW UP</b> Get ready for a great day ahead with Glitter tattoos, Flower crown and wrist band making.</p>	<p><b>FUN FOR ALL-BINGOTASTIC</b> A party atmosphere, music, dancing and prizes. Bingo like you've never experienced before.</p>		<p><b>WHISHES &amp; WONDERS</b> Be part of something truly magical. Create a dream catcher or fairy lantern to add to the wishing tree to watch them glow in the night.</p>	<p><b>STEP TOGETHER</b> A lively session that combines fun, laughter, and fitness as we work toward 10,000 steps as a community! With interactive games, team spirit activities, and plenty of smiles along the way, this is the perfect way to connect, move, and make memories together.</p>	<p><b>REFLECT &amp; RENEW</b> A creative session where you design your very own wellness journal. Filled with space for your thoughts, dreams, and special memories. Let your creativity flow as you craft something uniquely yours!</p>	

\*Schedules are subject to change dependent on time of year.



# OFF PEAK ACTIVITIES AFTERNOON SESSIONS



		SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>OFF PEAK ACTIVITIES AFTERNOON</b>	<b>1.00pm</b>	<b>TIK TOK TIME!</b> Come and learn all the latest dance trends in this dance groove workshop.	<b>HOE DOWN</b> Join our dance party as we take you through a variety of line dances and country Hoe downs. Grab a partner and give us a Yee haw!.	<b>TRIBE TAKE OVER</b> Meet the tribe and see whats instore for the week. It's the perfect chance to connect, get involved, and be part of the energy.				<b>TRIBE TAKE OVER</b> Meet the tribe and see whats instore for the week. It's the perfect chance to connect, get involved, and be part of the energy.	
	<b>2.00pm</b>	<b>SMELLS LIKE TEAM SPIRIT</b> Brings friends and families together for a day of frightful fun and friendly rivalry! Get ready to conjure up some friendly competition and make lasting memories.	<b>PAWS &amp; PLAY</b> Join us for a fun-filled Crufts-style dog show and activity session where your furry friends can strut their stuff, show off their skills, and compete in a range of exciting challenges!	<b>POTTERY PAINTING (ENHANCED EXPERIENCE)</b> a relaxing and fun activity for all ages. Choose from a variety of ceramic pieces and bring them to life with your unique designs and colours.	<b>RHYTHM READY</b> Get ready to move! Join the tribe in this fun and energetic dance workshop where you can learn the routines ready to join in with tonights show. Learn the moves and feel the groove.	<b>SMELLS LIKE TEAM SPIRIT</b> Brings friends and families together for a day of frightful fun and friendly rivalry! Get ready to conjure up some friendly competition and make lasting memories.	<b>GLAM &amp; GLOW</b> Unleash your inner sparkle at Glam & Glow! Pamper yourself with dazzling nail art, body art designs, and a touch of glitter magic. Perfect for all ages, this is your time to shine & create the perfect selfie.	<b>BOJEE BRUNCH (ENHANCED EXPERIENCE)</b> From a bottomless brunch, a high tea, or a coffee taster board - we know how to brunch in style.	
	<b>3.00pm</b>								
	<b>4.00pm</b>	<b>TRIBE TAKING IT LIVE</b> See one of the tribe in action as they showcase their skills.	<b>TRIBE TAKING IT LIVE</b> See one of the tribe in action as they showcase their skills.						
	<b>5.00pm</b>	<b>SUNSET SESSION</b> Live DJ set the perfect mood as the sun dips. From chilled grooves to uplifting tracks, this atmospheric experience blends music and vibes with the tribe, as you grab a drink and some food creating ultimate relaxation and connection.	<b>BUSKER STATION</b> Step into the spotlight and claim your 5 minutes of fame! This interactive event invites you to showcase your talent - sing, play, perform, or entertain, while our lively host keeps the energy high and the audience cheering.	<b>SUNSET SESSION</b> Live DJ set the perfect mood as the sun dips. From chilled grooves to uplifting tracks, this atmospheric experience blends music and vibes with the tribe, as you grab a drink and some food creating ultimate relaxation and connection.	<b>SUNSET SESSION</b> Live DJ set the perfect mood as the sun dips. From chilled grooves to uplifting tracks, this atmospheric experience blends music and vibes with the tribe, as you grab a drink and some food creating ultimate relaxation and connection.	<b>SUNSET SESSION</b> Live DJ set the perfect mood as the sun dips. From chilled grooves to uplifting tracks, this atmospheric experience blends music and vibes with the tribe, as you grab a drink and some food creating ultimate relaxation and connection.	<b>SUNSET SESSION</b> Live DJ set the perfect mood as the sun dips. From chilled grooves to uplifting tracks, this atmospheric experience blends music and vibes with the tribe, as you grab a drink and some food creating ultimate relaxation and connection.	<b>SUNSET SESSION</b> Live DJ set the perfect mood as the sun dips. From chilled grooves to uplifting tracks, this atmospheric experience blends music and vibes with the tribe, as you grab a drink and some food creating ultimate relaxation and connection.	<b>SUNSET SESSION</b> Live DJ set the perfect mood as the sun dips. From chilled grooves to uplifting tracks, this atmospheric experience blends music and vibes with the tribe, as you grab a drink and some food creating ultimate relaxation and connection.

\*Schedules are subject to change dependent on time of year.



# OFF PEAK ACTIVITIES EVENING SESSIONS



		SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OFF PEAK ACTIVITIES TIMES</b>	6.00pm							
	7.00pm	<b>TRIBE TAKE OVER</b> Meet the tribe and see them in action. It's the perfect chance to connect, get involved, and be part of the energy.	<b>TRIBE TAKE OVER</b> Meet the tribe and see them in action. It's the perfect chance to connect, get involved, and be part of the energy.	<b>TRIBE TAKE OVER</b> Meet the tribe and see them in action. It's the perfect chance to connect, get involved, and be part of the energy.	<b>TRIBE TAKE OVER</b> Meet the tribe and see them in action. It's the perfect chance to connect, get involved, and be part of the energy.	<b>TRIBE TAKE OVER</b> Meet the tribe and see them in action. It's the perfect chance to connect, get involved, and be part of the energy.	<b>TRIBE TAKE OVER</b> Meet the tribe and see them in action. It's the perfect chance to connect, get involved, and be part of the energy.	<b>TRIBE TAKE OVER</b> Meet the tribe and see them in action. It's the perfect chance to connect, get involved, and be part of the energy.
	8.00pm	<b>LIVE ACT</b> This will be a mix of singers, Tributes, duos, and much more.	<b>TRIBE TAKING IT LIVE</b> See one of the tribe in action as they showcase their skills.	<b>INTERACTIVE MOVIE SINGALONG</b> Enjoy a classic movie whilst singing along to the classic hits with the Tribe.	<b>BUSKER STATION</b> Open Mic night. Ever fancied being on stage? Well nows your chance to shine!.	<b>LIVE ACT</b> Comedian speciality act jazz player acoustic musician.	<b>FUN FOR ALL BINGOTASTIC</b> A party atmosphere, music, dancing and prizes. Bingo like you've never experienced before.	<b>TRIBE TAKING IT LIVE</b> See one of the tribe in action as they showcase their skills.
	9.00pm	<b>THE GLOW SHOW DJ BATTLE</b> With beats that'll light up the night and energy that's off the charts, it's a high energy, glow in the dark experience you won't want to miss. Get ready to dance, vibe, and be part of the ultimate sound clash.	<b>TRIBAL BEATZ TAKEOVER</b> A high-energy DJ set where one of the tribe brings the vibes! Dance to epic tracks, feel the rhythm, and let the beats take over the night.		<b>TRIBAL BEATZ TAKEOVER</b> A high-energy DJ set where one of the tribe brings the vibes! Dance to epic tracks, feel the rhythm, and let the beats take over the night.	<b>TRIBAL BEATZ TAKEOVER</b> A high-energy DJ set where one of the tribe brings the vibes! Dance to epic tracks, feel the rhythm, and let the beats take over the night.	<b>TRIBAL BEATZ TAKEOVER</b> A high-energy DJ set where one of the tribe brings the vibes! Dance to epic tracks, feel the rhythm, and let the beats take over the night.	<b>TRIBAL BEATZ TAKEOVER</b> A high-energy DJ set where one of the tribe brings the vibes! Dance to epic tracks, feel the rhythm, and let the beats take over the night.
	10.00pm							

\*Schedules are subject to change dependent on time of year.