

PALMS



MENU

C o a s t a l C a f é | B a r | T e r r a c e

HOW TO ORDER

When you're ready, please place your order and pay at the bar. You'll need your table number when you place your order.
Sit back and relax - we'll bring your order to your table with cutlery and condiments.

STARTERS

Soup of the Day with Sourdough v	4.95
Prawn Cocktail	6.95
Whitebait	4.95
Grilled Halloumi	5.95
Served with Greek style yoghurt, honey, pomegranate seeds & fresh mint	
Garlic Bread	2.95

Add cheese **1.00**

TO SHARE

Dirty Fries Topped with Crispy Chicken	10.95
A mound of our chunky chips, drizzled with curry sauce and topped with chopped crispy battered chicken pieces	
'Fish & Chip Shop' Style Platter	13.95
Freshly battered fish bites, battered jumbo sausage, curry sauce, pickled egg, gherkins, bread & butter, and chips	
Butcher's Sausage Platter	12.95
Locally made sausages (Cumberland, Pork & Apple and Spanish style Chorizo), with thick cut chips, celery sticks, chilli jam and rich ale gravy	

LOCALLY SOURCED

Alan Rae has been supplying the finest quality meat and delicatessen products to the Hayling Island community through the generations for nearly 100 years. We're proud to support this fantastic local business and Master Butcher, Lee who supplies our delicious sausages, 'double yolker' free range eggs, and succulent ham - freshly carved from the bone, sliced and brought to our kitchen.






LUNCH

Served from 11:30am until 4pm

Soup & Sandwich v	6.95	Ham & Cheese Toasted Sandwich	9.95
Soup of the day with a 'half round' 3 cheese toastie		The ultimate ham and cheese toastie! Local butcher ham, Gruyère, mature Cheddar and Mozzarella cheese with fries	
'On Toast'		Ploughmans	11.95
Freshly toasted sourdough topped with a choice of:		Local Butchers ham, mature Cheddar, savoury eggs, seedless grapes & celery, spicy tomato and caramelised onion chutney with sourdough	
Sauteed mushrooms in garlic, white wine, cream and tarragon v		Freshly Made Sandwiches	5.95
Smashed avocado, crispy chilli, fried free-range 'double yolker' egg and dressed rocket v		All sandwiches are served on either white or brown bread, with crisps and salad garnish	
Baked Jacket Potato		Choose from:	
Cheese v	4.95	Ham & Tomato, Cheese & Pickle v	
Beans v	4.95	Tuna Mayo & Sweetcorn, Prawns Marie Rose	
Cheese & Beans v	5.95	Upgrade to a side of fries 2.00	
Tuna Mayo & Sweetcorn	6.95		
Prawns Marie Rose	6.95		
Coronation Chicken	6.95		
The Hayling Palms Club Sandwich	11.95		
A triple decker sandwich with chicken, bacon, baby gem, free-range egg, mayo and tomato with fries			

MAINS

Served from 11:30am until 9pm

Hand Battered Cod Served with chips and mushy peas	14.95	6oz Beefburger Served in a brioche bun, with mayo, fried onions, coleslaw and chips	11.95
Wholetail Whitby Scampi Served with chips and garden peas	12.95	Plant-based Vegetarian option available	
Locally Made Cumberland Sausages Served with bubble & squeak and onion gravy	12.95	Grilled Chicken Breast Burger Served in a brioche bun, with mayo, fried onions, coleslaw and chips	11.95
Steak & Ale Pie Served with mash, honey roasted carrots & greens and rich ale gravy Vegetarian Option - Cheese & Onion Pie 	13.95	Add to any burger: Monterey Jack cheese 1.00 or grilled bacon 2.00	
Creamy Cajun Chicken Pasta Halloumi Option - Creamy Cajun Halloumi Pasta	11.95	Thai Red Vegetable Curry 	11.95
Ham, Egg & Chips Local butcher ham served with a free-range 'double yolker' fried egg and chips	8.95	Served with jasmine rice and crackers	
Prawn Linguine With tomato, chilli, olive oil, lemon and Italian hard cheese	12.95	Caesar Salad 	8.95
		Crisp leaves, house-made croutons, Italian hard cheese and classic dressing	
		Greek Salad 	8.95
		Cucumber, red onion, tomatoes, Kalamata olives, fresh lemon & herb dressing and crumbled feta	
		Chef's Layered Salad 	8.95
		Crisp mixed leaves, cucumber, tomato, red onion, grated carrot, sliced peppers, sweetcorn, chopped boiled egg, crispy onions and dressing	

Add to any salad for 4.95: Grilled chicken or grilled halloumi

LOCALLY SOURCED

Founded nearby in Shoreham 25 years ago, **Adams Foodservice** is one of the South Coast's leading suppliers of quality fruit and veg - much locally grown. Harvested in as little as the previous 24 hours they provide us with the very best ingredients to work with across their foodservice range. We are delighted to support this great local business.

SIDES

Chips 	2.95	Garden Peas 	0.95	Coleslaw 	1.95	Honey Roasted Carrots 	2.95
Onion Rings 	3.95	Baked Beans 	0.95	Greens 	2.95		

KIDS' MENU

Served from 11:30am until 7:30pm

6.95

Price includes choice of drink and main meal

DRINKS CHOICES

Orange Fruit Shoot

Apple & Blackcurrant Fruit Shoot

Mineral Water

MAIN CHOICES

Fish Bites


Served with chips and a side of beans or peas

Battered Chicken Chunks

Served with chips and a side of beans or peas

Chipolata Sausage & Mash

Served with gravy and peas

Vegetarian Option - Quorn Sausage 

Pomodoro Pasta

Served with garlic bread

Cheeseburger

Served with chips and a side of beans or peas

Quorn Nuggets

Served with chips and a side of beans or peas

Build-Your-Own Wraps

Flour tortilla wraps with sliced ham, grated cheese, mayonnaise and crisps

KIDS' DESSERTS

3.95

Chocolate Brownie

Served with ice cream

Strawberries and Ice Cream

Cookie Ice Cream Sandwich

Doughnut Sundae

KIDS' ICE CREAM

2.95

A scoop of vanilla ice cream, Flake and choice of chocolate or strawberry sauce

 Suitable for vegetarians.  Suitable for vegans. All prices are including VAT at the prevailing rate.

Allergies & Intolerances. If you have an allergy or intolerance, please let a member of our team know before ordering as not all ingredients are listed. While we make every effort to control cross-contamination, our ingredients are manufactured and our dishes prepared in an environment where allergens are present. Remember, fish is a natural product and whilst every care is taken in its preparation, we cannot guarantee no bones will be present.